



HOUSE GROUPS

HOUSE Groups: *Discussion Questions*

1 Thessalonians 5:1-11

1 Thessalonians 5:11 NKJV *Therefore comfort each other and edify one another, just as you also are doing.*

Question 1: What does Paul mean by *the day of the Lord will come as a thief in the night*? How does this image shape the way believers should live?

Question 2: Why do you think Paul contrasts *light* and *darkness*, *day* and *night* in this passage? What does each represent spiritually?

Question 3: In verse 3, Paul speaks of people saying *Peace and safety*. What might that attitude look like in today's world?

Question 4: How does Paul describe the difference between those who are *asleep* and those who are *awake*? What kind of "sleep" is he talking about?

Question 5: In verses 6–8, believers are told to *watch* and be *sober*. What does spiritual watchfulness and sobriety look like in everyday life?

Question 6: Paul mentions putting on the *breastplate of faith and love* and the *helmet of the hope of salvation*. How do faith, love, and hope protect us in our walk with God?

Question 7: How can we encourage each other to stay spiritually alert instead of complacent? What are some practical ways to *build up one another*?

Question 8: What are some modern distractions that can cause believers to become spiritually drowsy? How can we guard against them?

Question 9: Paul says God *did not appoint us to wrath, but to obtain salvation through our Lord Jesus Christ*. How does that truth give you confidence and peace?

Question 10: How does knowing that Christ could return at any moment influence your priorities or perspective?

Question 11: How might we be the people that build others up in their faith?

Question 12: What part of this passage challenges you personally the most, and why? What's one step you can take to live more as a *"child of the day"*?